Easing your Transition

VETERANS & FAMILIES
FAMILLES & VÉTÉRANS

Support Program for

**Medically Releasing CAF Members,
Medically Released Veterans
and Their Families**

Veteran Family Program

The Veteran Family Program (VFP) supports medically releasing Canadian Armed Forces members, medically released Veterans and their families. The services and resources of the VFP are designed to help ease the transition from military to civilian life and support the health and wellbeing of families during this time.

Military Family Resource Centres

Military Family Resource Centres (MFRC), located in 32 communities across Canada, provide the frontline services of the VFP. Veteran Family Program Coordinators, counsellors, and trained staff deliver a variety of programs and services. The suite of transition support programs and services under the Veteran Family Program are designed to ease your transition and support the health and wellbeing of your family during this time.

To find a Canadian MFRC near you visit www.CAFconnection.ca

The 24/7 Family Information Line

The FIL is a confidential, bilingual service offering information, support, referrals and crisis management 24/7. Trained counsellors can help connect medically releasing Canadian Armed Forces members, medically released Veterans and their families with a variety of national and local services and provide guidance and resources to various service providers who support the military community. If you have any questions or concerns during or after your transition call 1-800-866-4546 or email us at FIL@CAFconnection.ca.

CAFconnection.ca

CAFconnection.ca is a national website that ensures access to resources anywhere, anytime for the military family community. CAFconnection.ca helps you find a Canadian MFRC and the resources available to you through the Veteran Family Program. A complete list of the programs and services for medically releasing CAF members, medically released Veterans and their families can be accessed by visiting www.CAFconnection.ca/VFP

Visit CAFconnection.ca to find other information that may be useful during your transition.

MFSP
MILITARY FAMILY
SERVICES PROGRAM

Canada